

YOUR STRESS RELIEF SOLUTION

Tired of feeling stressed and out of balance? You deserve a solution. Relacore® Quick Calm helps support a calm and relaxed mental state and offers the relief you're looking for within just 1 hour.*

It's formulated with an herbal blend of ashwagandha, passionflower, and lemon balm. Plus, it contains L-theanine, an amino acid shown in multiple studies to quickly reduce stress and mild anxiety while boosting mood.*

*Don't let stress derail your day.
Find relief – fast – with Quick Calm.**



REDUCE
STRESS*



REDUCE
MILD ANXIETY*



BALANCE
MOOD*



IMPROVE
RELAXATION*

GLUTEN FREE | NON GMO

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Questions? 1-800-505-4554

Manufactured for:
Relacore®
Salt Lake City, UT 84116
relacore.com



RESTORE THE CALM

Too much stress increases cortisol levels. Cortisol is a hormone that can trigger:

- WEIGHT GAIN
- SLEEPLESS NIGHTS
- MOOD CHANGES
- HAIR LOSS
- BRAIN FOG

For two decades, Relacore has pioneered better, prescription-free ways to help mitigate the negative effects of excess stress. Our formulations help reduce stress and mild anxiety.*

Relacore dietary supplements contain vitamin and herbal blends and are non-prescription and non-addictive.

THE RESULT: *Trusted formulas with over 23 million bottles sold.*



STRESS RELIEF

Quick Calm

- Quickly reduces mild anxiety*
- Helps you stay calm and centered*
- Improves relaxation*
- Balances mood*

STRESS REDUCER* CALM ENHANCER*

DIETARY SUPPLEMENT

60 Capsules

DIRECTIONS: Adults take 2 capsules as needed up to 3 times daily with a full glass of water to reduce stress and support a calm mental state. Individual results will vary.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	40 mcg	200%
Thiamin (as thiamin hydrochloride)	6 mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	6.5 mg	500%
Magnesium (as magnesium citrate)	100 mg	25%
Proprietary Blend	290 mg	
L-theanine		†
Ashwagandha root extract		†
Passionflower aerial parts extract		†
Lemon balm dried/leaf extract		†

† Daily Value not established.

Other Ingredients: Gelatin, microcrystalline cellulose, rice flour, water, silicon dioxide, stearic acid, titanium dioxide, and magnesium stearate.

WARNING: Do not exceed suggested daily serving. Not for use by individuals under the age of 18 years. Do not use if pregnant or nursing. Consult your physician before use if you are taking medication or have a medical condition. Do not use if inner safety seal under the cap is broken or missing. Use only as directed. Keep out of reach of children.

Store at controlled room temperature: 15°-30°C/59°-86°F



This box was designed in an oversized manner to prevent pilferage. The capsule shown is actual size.

Product resale allowed only through authorized representatives. International distribution is not authorized without prior written approval.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.