**Suggested Use** - Take one tablespoon (15 mL) daily. May be consumed any time of the day.

Shake well before using. Refrigerate after opening. Do not purchase if seal is broken.

**Warning:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

L-Carnitine is synthesized in the body from the amino acids lysine and methionin. Regardless of what your bodybuilding and fitness goals are, losing fat or gaining muscle, your chances of success will increase greatly if you have L-Carnitine in your supplement arsenal. Studies focusing on how carnitine works have been done as far back as 1937.

If you are looking to get lean, then this is the amino acid you need. L-Carnitine transfers long-chain fatty acids, such as triglycerides into mitochondria, where they may be oxidized to produce energy. Carnitine has also been shown to reduce fatigue and serve as an appetite suppressant as well. Therefore, L-Carnitine would be a major asset to have in your arsenal when you are dieting. It not only will help keep your body from storing fat, but it will increase your aerobic capacity to help you burn more calories.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.



## BEAUTY TRIM™

Liquid L-Carnitine



 TRANSPORTS LONG CHAIN FATTY ACIDS TO BE USED AS ENERGY

> LEMON SPLASHI ICED TEA FLAVOR

**Supplement Facts** 

Serving Size: 1 Tablespoon (15 mL) Servings Per Container: 26

Amou	ınt Per Serving	%DV
Calories	10	
Carbohydrates	3 g	1
Sugars	0 g	
Niacin	20 mg	100
Pantothetic Acid	10 mg	100
Vitamin B6	2 mg	100
Ginger Root Extract	100 mg	†
Green Tea Extract	100 mg	†
L-Carnitine	1,000 mg	†
†Daily Value (DV) not established		

Other Ingredients: Purified water, gluconodelta-lactone, glycerin, citric acid, natural flavors, potassium sorbate, sodium hexametaphosphate, stevia leaf extract, sucralose, sodium benzoate and acesulfame potassium.

**CONTAINS:** Soybeans.





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