

SUGGESTED USE: As a dietary supplement, take 1 serving (3 capsules) per day with your morning or evening meal.

Supplement Facts

Servings Size: 3 Capsules Servings Per Container: 30

Amount Per	Amount Per Serving	
Zinc (as TRAACS® zinc bisglycinate chelate)	30mg	273%
Vitamin D3 (as Cholecalciferol)	83.25mcg	416%
TestoSurge® Fenugreek (seed) Extract	500mg	**
Tongka Ali (Eurycoma longifolia) 100:1 Extract (root)	200mg	**
PrimaVie® Shilajit Extract	200mg	**
3,3'-Diindolylmethane	200mg	**
Shoden® Ashwagandha Extract(35% Glycowithanolides) (Withania somnifera) (root and leaf)	120mg	**
Boron (as boron citrate)	10mg	**

^{**}Daily Percent Value not established.

Other Ingredients: Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide