

Each Superhuman's fitness goals are unique. That's why we developed the Gains Candy<sup>®</sup> series—to unlock total customization for your workout experience every single day.

SUGGESTED USE: Gains Candy GlucoVantage® can be taken in the following ways:



On Its Own: As a dietary supplement, take 1 capsule 3 times daily, 30 minutes before meals. An alternative dosage would be 2 capsules 1-2 times daily, 30 minutes before your most carbohydrate-dense meals aka any cheat meals. Do not exceed more than 6 capsules in a 24 hour period.



For Maximum Fat Loss: Take as suggested above and combine with Gains Candy MitoBurn® and Gains Candy CaloriBurn GP®

## **Supplement Facts**

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Serving

%DV

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GlucoVantage® (Dihydroberberine)

100mg

\*\*Daily Percent Value not Established.