#### SUGGESTED USE:

As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional. DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD.

Beta-Alanine may produce a slight flushing and/or prickly sensation which is harmless and will subside within hours of use. Do not consume more than 400mg of caffeine from any source in a 24 hour period.

### . THIRD PARTY TESTED<sup>†</sup>

- NON-GMO<sup>†</sup>
- GLUTEN-FREE<sup>†</sup>

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or mission.

NOTICE: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

MADE AND QUALITY TESTED IN THE USA WITH GLOBALLY SOURCED INGREDIENTS.

Distributed by Nutricost® 351 E 1750 N Vineyard, UT 84059 (866) 438-3694 | support@nutricost.com

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# nutricost®

# PRE

## PRE-WORKOUT COMPLEX

16G

**30** 

480G



# **Supplement Facts**

Serving Size: 1 Scoop (16g) Servings Per Container: 30

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	1g	<1%
Thiamin (Vitamin B1) (as thiamine mononitrate)	50mg	4,170%
Niacin	25mg NE	160%
Vitamin B6 (as pyridoxine HCI)	60mg	3,530%
Vitamin B12 (as methylcobalamin)	200mcg	8,330%
L-Citrulline Malate 2:1	6,000mg	
Beta-Alanine	3,000mg	**
Taurine	2,000mg	**
Agmatine Sulfate	500mg	
L-Tyrosine	500mg	**
L-Theanine	300mg	**
Caffeine Anhydrous	300mg	**
Theobromine	200mg	**
Huperzine A	200mcq	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.
\*\* Daily Value not established.

Other ingredients: Natural flavors, tartaric acid (flavor enhancer), calcium silicate, silica, sucralose, citric acid, beet root powder (for color).

### WATERMELON

MATUKALIT FLAVUKED WITH OTHER NATURAL FLAVORS NET WT. 16.9 OZ (1.1 LB) (480 G) DIETARY SUPPLEMENT





