

SUGGESTED USE:

As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional.

Beta-Alanine may produce a slight flushing and/or prickly sensation which is harmless and will subside within hours of use.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

**MADE AND QUALITY TESTED IN THE USA
WITH GLOBALLY SOURCED INGREDIENTS.**

Distributed by Nutricost®
351 E 1750 N Vineyard, UT 84059
(866) 438-3694 | support@nutricost.com
www.nutricost.com

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NTC.8.22



nutricost®
PERFORMANCE

PRE-SF

**STIMULANT-FREE / CAFFEINE-FREE
PRE-WORKOUT COMPLEX**

19g | **30** | **558g**
PER SERVING | SERVINGS | PER CONTAINER

PINK LEMONADE

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS
NET WT. 19.7 OZ (1.2 LB) (558 g)
DIETARY SUPPLEMENT



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

AlphaSize® is a registered trademark material of Chemi Nutra.

Supplement Facts

Serving Size: 1 Scoop (19g)

Servings Per Container: 30

Amount Per Serving		% DV*
Calories	5	
Total Carbohydrate	1g	0%
Thiamin (Vitamin B1) (as thiamine mononitrate)	75mg	6,250%
Niacin	75mg NE	470%
Vitamin B6 (as pyridoxine HCl)	75mg	4,410%
Folate	300mcg DFE	80%
Vitamin B12 (as methylcobalamin)	50mcg	2,080%
L-Citrulline	6,000mg	**
Betaine Anhydrous	2,000mg	**
Beta-Alanine	1,200mg	**
Taurine	1,200mg	**
Arginine AKG 2:1	1,200mg	**
L-Carnitine Tartrate	1,000mg	**
Agmatine Sulfate	750mg	**
Acetyl L-Carnitine HCl	500mg	**
N-Acetyl L-Tyrosine	500mg	**
AlphaSize® Alpha GPC	200mg	**
Gamma Butyrobetaine Ethyl Ester HCl (GBE)	15mg	**
Thermodiamine	10mg	**
Huperzine A	250mcg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Other ingredients: Citric acid, natural flavors, malic acid (flavor enhancer), sucralose, silica, calcium silicate, beet root powder (for color).