

#1 BRAND FOR HAIR, SKIN & NAILS*



OPTIMAL SOLUTIONS®

HAIR, SKIN & NAILS GUMMIES



**2,500 mcg
BIOTIN**
PER SERVING



Antioxidant
Vitamins C & E

140 STRAWBERRY FLAVORED
GUMMIES

DIETARY SUPPLEMENT

Beauty Starts on the Inside™

At Nature's Bounty, we believe health and beauty go hand in hand. With 50 years of making quality vitamins and more than 20 years in the beauty business, you can trust that every Nature's Bounty® product is backed by science, and made with the purest ingredients...guaranteed. *Beauty Starts on the Inside™*

- ✓ Antioxidant Vitamins C & E
- ✓ Naturally Sourced Colors and Flavors
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. If any adverse reactions occur, stop use and consult your doctor. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Color variation is normal and does not affect the quality of the product.

DIRECTIONS: For adults, take two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 70

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	2 g	**
Includes 2g Added Sugars		4%*
Vitamin C (as Ascorbic Acid)	15 mg	17%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	6.7 mg	45%
Biotin (as d-Biotin)	2,500 mcg	8,333%
Sodium	10 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Dicalcium Phosphate, Gelatin. **Contains <2% of:** Citric Acid, Lactic Acid, Maltodextrin, Natural Strawberry Flavor, Pectin, Silica, Vegetable Juice (color), Vegetable Oil (Palm) (Contains Carnuba Wax).

Contains bioengineered food ingredients.

No Artificial Flavor, **No** Artificial Sweetener, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Fish.

°Source: IRI Total US - Multi Outlet: Latest 52 weeks ending 05/23/21.



Laboratory
Tested

Nutrition Questions
or Comments?
Call 1-800-433-2990
Mon.-Sat. 9am-7pm EST

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