

#1 BRAND FOR HAIR, SKIN & NAILS[®]

NEW!



OPTIMAL SOLUTIONS[®]

ADVANCED

HAIR, SKIN
& NAILS

JELLY BEANS

Over 2X Biotin*
6,000 mcg per serving

WITH KERATIN

80 JELLY BEANS | MIXED FRUIT FLAVORED
VEGETARIAN DIETARY SUPPLEMENT

Beauty Starts on the Inside[™]



NATURE'S BOUNTY

OPTIMAL SOLUTIONS[®]

At Nature's Bounty, we believe health and beauty go hand in hand. With nearly 50 years of making quality vitamins and more than 20 years in the beauty business, you can trust that every Nature's Bounty[®] product is backed by science, and made with the purest ingredients...guaranteed.

Beauty Starts on the Inside[™]

6000 mcg Biotin
per serving

With added Keratin

Vitamins A, C & E

NON-GMO | VEGETARIAN

Mixed Berry, Strawberry & Watermelon
Flavored Jelly Beans

No Artificial Flavor, No Artificial Sweetener,
No Milk, No Lactose, No Soy,
No Yeast, No Fish. Sodium Free.

Nutrition Questions or Comments?

Call 1-800-433-2990

Mon. - Sat. 9 AM - 7 PM ET

Product of Spain

Distributed by Nature's Bounty[®] (NY), INC.

Bohemia, NY 11716 U.S.A.

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Directions: For adults, take two (2)
Jelly Beans daily, preferably with a meal.

Supplement Facts

Serving Size 2 Jelly Beans
Servings Per Container 40

Amount Per Serving		%Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Total Sugars	3 g	***
Includes 3g Added Sugars		6%**
Vitamin A (as Retinyl Palmitate)	150 mcg	17%
Vitamin C (as Ascorbic Acid)	18 mg	20%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	8 mg	53%
Biotin	6,000 mcg	20,000%
Keratin	50 mg	***

**Percent Daily Values are based on a
2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Glucose Syrup,
Modified Potato Starch. **Contains <2% of:**
Citric Acid, Fruit and Vegetable Concentrate
Color (from Carrot, Black Currant, Sweet
Potato), Natural Flavors, Natural Palm Leaf
Glaze, Olive Oil, Sodium Citrate, Vegetable Oil.

Contains wheat ingredients.

WARNING: If you are pregnant,
nursing, taking any medications,
have any medical condition, or
are planning to undergo any
clinical lab testing, consult your
doctor before use. Some
supplements may interact with
certain medications and/or
interfere with certain lab tests.
It is advisable to consult your
doctor before using biotin doses
above 2,500 mcg per day. If any
adverse reactions occur, stop
use and consult your doctor.
Keep out of reach of children.
Store at room temperature.
Do not use if seal under cap
is broken or missing.

*Compared to Nature's Bounty[®]
Optimal Solutions[®] Hair,
Skin & Nails gummies

*Source: IRI Total US - Multi
Outlet: Latest 52 weeks
ending 09/27/20.

Label No. 12850
Prod. No. 31385 B100169 01B

