

50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- Energy Support*
- Natural Strawberry Flavor
- Guaranteed Quality
- Laboratory Tested

B Vitamins support energy by converting food into energy.*

No Artificial Color, No Artificial Flavor, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish, Sodium Free. Suitable for Vegetarians.

★ Made In The USA with select ingredients from around the world

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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NaturesBounty.com

Prod. No. 58913 B53490 03C



QUICK DISSOLVE

Biotin

5000mcg

Supports Healthy
Hair, Skin & Nails*

60 Quick Dissolve Tablets

VITAMIN
SUPPLEMENT

DIRECTIONS: For adults, take one (1) quick dissolve tablet daily, preferably with a meal. Place tablet under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Quick Dissolve Tablet

Amount Per Serving	%Daily Value	
Biotin (as d-Biotin)	5,000 mcg	16,667%

Other Ingredients: Mannitol, Vegetable Stearic Acid, Natural Strawberry Flavor, Crospovidone. **Contains <2% of:** Sucralose, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing, taking any medications, have any medical condition, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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