

50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

- Synergistic Ingredients
- Guaranteed Quality
- Laboratory Tested

Non-GMO, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

★ **Made In The USA** with select ingredients from around the world

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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NaturesBounty.com

Prod. No. 57056 Label No. 13713 B11368 03C



Cinnamon

2000mg
equivalent per serving

Plus
Chromium

Supports Sugar Metabolism*

HERBAL HEALTH



60 Capsules

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) capsules daily, preferably with a meal.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	%Daily Value	
Total Carbohydrate	Contains less than 1g	<1%**
Chromium (as Chromium Picolinate)	400 mcg	1,143%
Cinnamon (<i>Cinnamomum burmannii</i>) (bark)	500 mg	***
Cinnamon Extract (<i>Cinnamomum</i> spp.) (bark) (a 4:1 Extract, equivalent to 1,500 mg of Cinnamon)	375 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by **NATURE'S BOUNTY (NY), INC.**
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