

Arms Race Nutrition Nite Nite is a multi-pathway sleep aid that has been specifically put together so your body continues to work hard while you rest. Using research backed ingredients like Zylaria®, KSM-66®, and Valerian Root, your body will be able to maximize its potential to rest, recover, and regenerate so you don't miss a beat during your day.†

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use in combination with caffeine or any stimulants, including but not limited to, coffee, tea, soda, and other dietary supplements or medications. Do not use under extreme conditions of heat, sleep deprivation, extreme cardiovascular exertion or dehydration. Do not combine with alcohol. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS:

Mix 1 scoop with 6-8 ounces of water and consume approximately 15-30 minutes before bed. Best taken on an empty stomach. Do not use more than 5 days per week.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ARMS RACE
NUTRITION

NITE NITE

RECOVERY AND SLEEP SUPPORT

REST • RECOVER
RESTORE • REGENERATE

LEMON CHAMOMILE

20 SERVINGS • 7.8 OZ / 220 G

DIETARY SUPPLEMENT NATURALLY & ARTIFICIALLY FLAVORED



Supplement Facts

Serving Size: 1 Scoop (11 g)

Servings Per Container: 20

	Amount Per Serving (1 scoop)	% DV
Magnesium (as Magnesium Bisglycinate Chelate)	201 mg	47%
L-Glycine	3,000 mg	**
Chamomile Extract (<i>Matricaria chamomilla</i>) (std. to 1.2% apigenin)	1,000 mg	**
KSM-66® Full-spectrum Ashwagandha Extract (<i>Withania somnifera</i>) (root) (5% withanolides)	600 mg	**
Zylaria™ (<i>Xylaria nigripes</i>)	500 mg	**
Valerian Root (<i>Valeriana officinalis</i>) (0.8%)	450 mg	**
Magnolia Bark Extract (<i>Magnolia officinalis</i>) (bark) (std. to 90% magnolol and honokiol)	200 mg	**
L-Theanine	200 mg	**

** Daily Value not established.

OTHER INGREDIENTS:

Citric Acid, Malic Acid, Natural and Artificial Flavors, Silicon Dioxide, Sucralose, Acesulfame Potassium.

Manufactured in a U.S. cGMP Facility.

Distributed by: Arms Race Nutrition, LLC., Statesville, NC 28625

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KSM-66®
ashwagandha

KSM66® is a registered trademark of Ixoreal Biomed Inc.

Zylaria™

Zylaria is a trademark of Nutri Science USA, Inc.