

Evolve (verb /e'völ/) - the process with which something or someone changes and develops gradually over time.

With HARNESS, we set the standard for what pre-workout supplements should be: powerful and effective. We use clinically-studied and reliable ingredients to create a well-rounded pre-workout you can count on. For those wanting to take their training to yet another level, we created HARNESS EVOLUTION.

HARNESS EVOLUTION includes everything from the previous version, but elevates workouts beyond today's standards. To improve measures of all-around fitness, we enhanced doses of beta alanine, citrulline, and L-tyrosine. Then we took it a step further, adding Nitrosigine®, SantEnergy Nu™, and CognatiQ®, which can enhance muscle performance, fat utilization, and focus. Finally, we kept the time-tested energy blend of caffeine anhydrous, zümXR®, and ElevATP® for reliable energy output in every workout. If we expect our results to evolve, so must our fuel. Welcome to the EVOLUTION!†

⚠WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor), PDE5 inhibitor, nitrates for chest pain, or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS:

Mix 2 scoops with 10-16 ounces of water and consume approximately 15-30 minutes prior to your workout. To assess tolerance, new users may want to start with 1 scoop (1/2 serving).

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ARMS RACE NUTRITION HARNESS EVOLUTION

NEXT LEVEL PRE-WORKOUT

ENDURANCE[†]
HYDRATION[†]
ENERGY[†]
POWER[†]
FOCUS[†]
PUMP[†]



STRAWBERRY LEMONADE

20 SERVINGS • 17.3 OZ / 490 G

DIETARY SUPPLEMENT NATURALLY & ARTIFICIALLY FLAVORED

Supplement Facts

Serving Size: 2 Scoops (24.5 g)
Servings Per Container: 20 (40 scoops)

	Amount Per 1/2 Serving (1 scoop)	% DV	Amount Per Serving (2 scoops)	% DV
Potassium (as Albion® Potassium Glycinate Complex)	36 mg	1%	72 mg	2%
Sodium (as Sea Salt)	50 mg	2%	100 mg	4%
Beta Alanine	3200 mg	**	6400 mg	**
L-Citrulline	3000 mg	**	6000 mg	**
Betaine Anhydrous	1250 mg	**	2500 mg	**
L-Tyrosine	1000 mg	**	2000 mg	**
Nitrosigine® (Inositol-Stabilized Arginine Silicate)	750 mg	**	1500 mg	**
Yerba santa (<i>Eriodictyon californicum</i>)	200 mg	**	400 mg	**
[Aerial Parts] Extract (as SantEnergy Nu™)				
Caffeine Anhydrous	150 mg	**	300 mg	**
VasoDrive-AP®	127 mg	**	254 mg	**
Citicoline (Cytidine 5'-diphosphocholine)	125 mg	**	250 mg	**
ElevATP® (Ancient Peat Extract and Apple Extract)	75 mg	**	150 mg	**
zümXR® (yields 70% Caffeine)	75 mg	**	150 mg	**
CognatiQ® (Whole Coffee Fruit Extract) (<i>Coffea arabica</i>)	50 mg	**	100 mg	**
Huperzia serrata Extract (leaf and stem) (1% Huperzine A)	10 mg	**	20 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS:

Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Malic Acid, Sucralose, Acesulfame Potassium.

ALLERGEN INFORMATION:

Contains Milk. Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.

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elevATP elevATP® is a registered trademark of VDF FutureCeuticals, Inc. Pat. Fcpatent.com.

SantEnergy™ Nu SantEnergy™ Nu is a registered trademark of Mibelle Group

VasoDRIVE VasoDrive-AP® is the registered trademark of Nova Nutra LLC.

zümXR zümXR® is a trademark of Nano Pharmaceuticals Laboratories, LLC. Patents and Patents Pending.

cognatiQ CognatiQ® is a trademark of VDF FutureCeuticals, Inc. Pat. Fcpatent.com.

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