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Suggested Usage: As a dietary supplement, adults take 1/2 to 1 tablet daily as directed by your healthcare professional **ONLY!** Allow tablet to dissolve in mouth and then swallow.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified healthcare professional before using this product if you have or have a family history of breast cancer, uterine cancer, ovarian cancer, prostate cancer, prostate enlargement, heart disease, low HDL cholesterol ("good cholesterol"), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed the recommended serving. Exceeding the recommended serving may cause serious adverse health effects. Possible side effects include changes in liver function, acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN.** To report any adverse events call 1-800-332-1088.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #83057

Pregnenolone

5 mg

A Dietary Supplement



100 Tablets

Supplement Facts

Serving Size 1 Bisected Tablet
Servings Per Container 100

Amount Per Serving	%DV
Pregnenolone	5 mg *

*Daily Value not established.

Other ingredients: Mannitol, cellulose, silica and vegetable stearate.

Manufactured by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

1.800.245.4440

This product contains NO yeast, wheat, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.