

RECOVERY*

STRENGTH*

ENERGY*

RECOVERY*

STRENGTH*

ENERGY*

DRENCH MUSCLES WITH AMINO ACIDS:

The ingredients comprising AMINO-TREN™ may help achieve a synergistic anabolic response.* Saturating striated Type I, II muscle fibers with dense concentrations of amino acids is believed to support muscle hydration, energy, strength and recovery response.*

WHEN	PURPOSE
AM- FIRST THING	Anabolic Primer*
PRE-WORKOUT	Amino Support*
POST-WORKOUT	Recovery*
AMINO SNACK	Energy*

Assess tolerance to each scoop prior to increasing dose

Manufactured for ProMera Health LLC • 61 Accord Park Drive • Norwell, MA 02061. Manufactured in the U.S.A. from international and domestic ingredients. ProMera Sports is a Division of ProMera Health LLC. 2013 All Rights Reserved.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

WHY AMINO-TREN:

- Chelated Minerals May Help Support Energy and Electrolyte Replacement*
- Free Form Amino Acids (FFAA) that Promote Increased Uptake*
- Essential Amino Acids (EAA) That Support Improved Protein Synthesis*
- CarnoSyn® Brand Beta-Alanine To Help Improve Training Endurance*
- BCAA Present at a 2:1:1 Ratio*
- Sugar Free & Fat Free*



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AMINO

CONCENTRATED AMINO ACIDS*



MANDARIN
NATURAL AND ARTIFICIAL FLAVORS

AMINO CAN BE STACKED CON-CRÊT™

DIETARY SUPPLEMENT

NET WT 5.30 OZ (150.4 g)

Supplement Facts

Serving Size 1 Scoop (4.7g)
Servings Per Container 32

	Amount Per Serving	%DV
Vitamin B6 (As Pyridoxine)	2 mg	100%
Vitamin B12 (As Cyanocobalamin)	120 mcg	2,000%
Magnesium (As Magnesium Glycyl Glutamine Chelate)	12 mg	3%
Potassium (As Amino Acid Complex and Raw Coconut Water Concentrate)	26 mg	<1%
Sodium (As Sodium Citrate and Sodium Glycerophosphate)	26 mg	<1%
Proprietary Blend	3,837 mg	†

Taurine, Beta-Alanine, L-Tyrosine, L-Leucine, L-Alanyl-L-Glutamine, L-Isoleucine, L-Valine, L-Glutamine, L-Arginine, L-Glycine, L-Phenylalanine, L-Histidine, L-Methionine, L-Lysine HCl, Caffeine (100 mg), Black Pepper Fruit Extract

Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value Not Established

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Sucralose, Silicon Dioxide, and Yellow #5.

Total Caffeine from all sources is equal to 100 mg per one scoop.

Allergen Warning: Contains Coconut (a tree nut)

SUGGESTED USE: TRAINING DAYS: Approximately 10-15 minutes prior to training, mix one serving (one scoop) with 4-6 ounces of water and stir / shake. Establish tolerance to this product prior to increasing dose. Do not consume 4-6 hours prior to sleep. Do not consume more than four servings (four scoops) in a 24 hour period or two servings (two scoops) at one dose. **NON-TRAINING DAYS:** Consume one serving (one scoop) on an empty stomach in between meals.

WARNING: Consult your physician prior to using this or any other dietary supplement or if you have or suspect having any known medical condition and/or if using any prescribed or OTC medication. Each serving contains 100 mg of caffeine. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart beat. **DO NOT USE IF PREGNANT OR NURSING.** In the event of any adverse reaction discontinue use immediately and consult your physician. Store in a cool dry place away from sun light. **KEEP OUT OF REACH OF CHILDREN.**