

3 ways to enjoy VeganSmart®



ON THE RUN?

Use a shaker to mix two level scoops (43g) of VeganSmart® into 8 to 10 fl oz water and shake well.



SMOOTHIE MASTER?

Use a blender to mix two scoops of VeganSmart® into your favorite smoothie recipe.



CHEF'S HAT ON?

You can swap VeganSmart® for ¼ to ¾ of the flour in baking recipes. Great to pack a protein punch in your favorite cookie, pancake or brownie recipe.

Find delicious recipes at
www.naturade.com



@naturadelife

VeganSmart® All-In-One Nutritional Shake for Optimal Health®

Everything you need in just one serving:

Complete Protein Blend – Contains 5 different plant based proteins providing all the essential amino acids in precise proportions, readily usable by the body, for building and repairing tissue and muscle.*

Whole Food Complex – Includes 9 different healthy colorful fruits and vegetables offering naturally occurring polyphenols, antioxidants and flavonoids to support overall wellness.*

22 Vitamins & Minerals – Act as catalysts in thousands of biochemical reactions every day to support normal and healthy cell function.*

Fiber & Omega Blend – Provides 7 grams of dietary fiber to help keep you regular. Also contains Omega-3 to support a healthy brain, heart and circulatory system.*

Prebiotics – Contains 150mg Aloe vera bioactive polysaccharides that stimulate the growth and maintenance of beneficial intestinal flora.*

Digestive Enzymes Blend – Assists in digesting foods more completely for greater absorption of nutrients and the good health that goes with them.*

Made with Love

We founded Naturade® on a mission to educate people from all walks of life about healthy eating habits and nutrition. Learn more about what inspired us on www.naturade.com/our-journey

5 Star Taste ★★★★★

Two things we don't compromise on, ever: ingredients and taste. The reviews don't lie; we are consistently ranked one of the best tasting plant proteins. Try us out today, and let us know what you think. VeganSmart® is a clean source of complete nutrition for dieters, vegetarians, vegans and athletes.

Each container has an inner seal under the plastic cap that keeps the product fresh and safe. Do not use if seal is broken or missing. Store in a cool, dry place.

NO ACESULFAME, NO ARTIFICIAL SWEETENERS, NO ARTIFICIAL FLAVORS, COLORS, OR PRESERVATIVES, NO MSG, NO SOY, GLUTEN FREE, NO EGG, NO DAIRY, NO YEAST, NO NUTS.

CAUTION: As any dietary supplement, consult your physician before using this product, especially if you are pregnant, nursing, anticipate surgery, taking any medications, or are under medical supervision. KEEP OUT OF REACH OF CHILDREN.

WARNING: This product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



ALL-IN-ONE NUTRITIONAL SHAKE

20g Plant Protein • Whole Foods • Fiber
Prebiotics • Vitamins & Minerals • Only 170 Calories



VANILLA
NATURALLY FLAVORED



DIETARY SUPPLEMENT • NET WT 22.8oz (1.4lb) 645g (APPROX. 15 SERVINGS)



Plant Protein



Soy Free



Gluten Free



Dairy Free



No Cholesterol



Diabetic Friendly

DIRECTIONS (Adults): Mix two level scoops of VeganSmart® All-in-One in 8-10 oz of water, juice or a beverage of your choice. Shake well and enjoy!

Supplement Facts

Serving Size: 2 Scoops (43g)
Servings Per Container: About 15

	Amount Per Serving	%DV		Amount Per Serving	%DV
Calories	170		Zinc (as Zinc Oxide)	7.5mg	68%
Total Fat	6g	8%*	Selenium (as Sodium Selenate)	35mcg	64%
Saturated Fat	1.5g	8%*	Copper (as Copper Gluconate)	1mg	111%
Trans Fat	0g	†	Manganese (as Manganese Sulfate)	1mg	43%
Cholesterol	0mg	0%	Chromium (as Chromium Chloride)	60mcg	171%
Total Carbohydrate	14g	5%*	Molybdenum (as Sodium Molybdate)	37.5mcg	83%
Dietary Fiber	7g	25%*	Sodium	520mg	23%
Soluble Fiber	6g	†	Potassium	120mg	3%
Insoluble Fiber	1g	†	Complete Protein Blend	23.5g	†
Total Sugars	6g	†	Pea Protein Isolate, Quinoa Protein, Chia Protein, Potato Protein, Chlorrella Protein		
Includes 5g Added Sugars		10%*	Fiber & Omega Blend	6g	†
Protein	20g	34%	Inulin (from Chicory), Flax Seed Powder, Pea Fiber, Bamboo Fiber, Apple Fruit Fiber, Borage Oil		
Vitamin A (as Vitamin A Palmitate)	750mcg	83%	Vegan Energy Blend	6g	†
Vitamin C (as Sodium Ascorbate)	30mg	33%	Organic Cane Sugar, Sunflower Oil, Medium Chain Triglycerides, Organic Rice Syrup Solids		
Vitamin D (as Ergocalciferol)	15mcg	75%	Whole Food Complex	320mg	†
Vitamin K (as Phytonadione)	40mcg	33%	Apricot Fruit, Raspberry Fruit, Carrot Root, Mango Fruit, Pineapple Fruit, Broccoli Floret and Stem, Cabbage Leaf, Beet Root, Spinach Leaf		
Thiamin (as Thiamine Hydrochloride)	0.75mg	63%	Digestive Enzyme Blend	300mg	†
Riboflavin (Vitamin B2)	0.85mg	65%	Bromelain, Protease, Amylase, Lipase		
Niacin (as Nicotinamide)	10mg	63%	Prebiotics	150mg	†
Vitamin B6 (as Pyridoxine Hydrochloride)	1mg	58%	Aloe vera inner leaf (Aloe barbadensis)		
Folate (as Folic Acid)	340mcg DFE (204.00mcg folic acid)	85%			
Vitamin B12 (as Methylcobalamin)	9mcg	375%			
Biotin (as D-Biotin)	150mcg	500%			
Pantothenic Acid (as D-Calcium Pantothenate)	5mg	100%			
Iron (as Ferrous Fumarate)	9mg	50%			
Iodine (as Potassium Iodide)	75mcg	50%			

Other Ingredients: Natural Flavors, Potassium Citrate, Sea Salt, Organic Stevia, Xanthan Gum. MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY, WHEAT, EGGS & TREE NUTS (COCONUT, ALMOND). Glycemic Index (GI)=27 [Low]

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