



LONGEVITY™  
MEDICAL CLINIC

# MUSCLE RELIEF\*

A DIETARY SUPPLEMENT

120 Capsules

Exclusively manufactured for:

LONGEVITY  MEDICAL CLINIC™

About 27% of the body's magnesium is inside muscle, where this important mineral helps control contraction, relaxation, and energy metabolism. Magnesium aspartate, an organic salt of the mineral magnesium, is superior to more conventionally used forms of magnesium in terms of bioavailability and the ability to more quickly and effectively manage healthy magnesium levels. Magnesium deficiency is common in the general population and often goes undiagnosed because blood magnesium levels, the most commonly used test, can be normal despite deficient body stores.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool dry place. Tamper evident. Do not use if seal is broken. Keep out of reach of children. Consult your physician if you are pregnant or breastfeeding before using this product.

**Order:** 866-86-YOUNG, LMClinic.com  
9757 NE Juanita Drive, Kirkland, WA 98034

## Supplement Facts

Servings Size: One (1) Capsule  
Servings per container: 120

### Amount Per Serving

Magnesium (as magnesium aspartate, oxide)	150mg	38%
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\*\*Daily Value not established

Other Ingredients: Rice protein, Capsule (Gelatin, Purified Water)

**Recommendations:** Take one (1) capsule twice daily with food, or as directed by your Longevity physician.