



LONGEVITY™  
MEDICAL CLINIC

# MELATONIN

10 mg

A DIETARY SUPPLEMENT

60 Capsules

Exclusively manufactured for:

LONGEVITY  MEDICAL CLINIC™

Melatonin is a hormone produced by the brain's pineal gland to regulate natural sleep/wake cycles. Recent scientific evidence suggests that melatonin may also support healthy cells and tissues by maintaining a healthy balance of new blood vessel formation, promoting immune activity, and scavenging free radicals to positively support tissues such as breast, prostate, colon, and lung.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool dry place. Tamper evident. Do not use if seal is broken. Keep out of reach of children. Consult your physician if you are pregnant or breastfeeding before using this product.

Order: 866-86-YOUNG, LMClinic.com  
9757 NE Juanita Drive, Kirkland, WA 98034

## Supplement Facts

Serving Size: One (1) Capsule  
Servings per container: 120

| Amount per Serving | %DV      |
|--------------------|----------|
| Melatonin          | 10 mg ** |

\*\*US % Daily Value not established.

Other ingredients: rice powder, capsule (gelatin, purified water).

**WARNING:** Melatonin should never be used in the morning. This product should not be taken with any other sleep inducing medication without physician approval. Do not operate heavy machinery, including automobiles, within 6 hours of taking.

**Recommendations:** Take one (1) capsule at bedtime or as directed by your Longevity physician.