



LONGEVITY™
MEDICAL CLINIC

L-THEANINE

200 mg

A DIETARY SUPPLEMENT

60 Veg Capsules

Exclusively manufactured for:

LONGEVITY  MEDICAL CLINIC™

L-Theanine is a unique amino acid found in green tea that helps promote relaxation.* L-Theanine helps enhance focus and concentration while relieving minor feelings of stress, tension, and irritability.* It has been shown to enhance alpha wave production in the brain, which indicates a relaxed state of consciousness essential to tension reduction.* L-Theanine also supports healthy cardiovascular function through this relaxing effect as well as through its free radical scavenging properties.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool dry place. Tamper evident. Do not use if seal is broken. Keep out of reach of children. Consult your physician if you are pregnant or breastfeeding before using this product.

Order: 866-86-YOUNG, LMClinic.com
9757 NE Juanita Drive, Kirkland, WA 98034

Supplement Facts

Serving Size: One (1) Veg Capsule
Servings Per Container: 60

Amount per Serving

L-Theanine	200 mg**
Inositol	100 mg**

**Daily Value not established

Other ingredients: Hypromellose (cellulose capsule), Stearic acid (vegetable source) and Silicon Dioxide.

Recommendations: As a dietary supplement, take 1 Veg Capsule before bedtime, or as directed by your Longevity physician.