

Proper supplementation before and during workouts can significantly improve performance. That's where Core ABC comes in. Core ABC is ideal whether bulking up or slimming down. It was specifically designed to improve performance by building muscle, preventing catabolism (muscle loss), increasing endurance, and assisting recovery.

Core ABC uses the most effective, established ratio (2:1:1) of branch-chain amino acids (leucine, isoleucine and valine), to improve recovery and build muscle. Glutamine is included to help keep the body in a muscle-building state during training, while beta-alanine and citrulline malate are included in liberal amounts to help improve endurance. Beta-alanine reduces lactic acid buildup and increases skeletal muscle carnosine levels, while citrulline malate reduces lactic acid buildup and ammonia concentration, at the same time increasing nitric oxide (NO) and ATP production.

Core ABC should be taken before and during training, but can also be taken at other times throughout the day to maximize its effectiveness.††



††These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

No Aspartame!

No Artificial Coloring!



NEW!

CORE ABC

AMINO ACIDS, BETA-ALANINE, & CITRULLINE MALATE

A Muscle Building, Muscle Sparing, Endurance, and Recovery Aid Dietary Supplement

WHITE PASSION PEACH

Dietary Supplement 2 lb 3 oz (1 kg) 50 servings (20 g each)

Supplement Facts

Serving Size: 2 heaping scoops (20 g)

Servings Per Container: 50

Amount Per Serving	% Daily Value*
L-Leucine	5 g †
L-Isoleucine	2.5 g †
L-Valine	2.5 g †
L-Glutamine	2.5 g †
Beta-Alanine	2.5 g †
Citrulline Malate	2.5 g †

† Daily value not established.

* Percent values are based on 2,000 calorie diet.

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Sucralose, Acesulfame-K.

Directions: For each serving, mix 2 heaping scoops in 12-16 ounces of water and shake well. Consume immediately before and during training. Additional servings can also be taken throughout the day to maximize effectiveness.

- Keep out of reach of children.
- Protect from heat, light and moisture.
- Store at 10-25°C (50-77°F).
- Do not purchase if seal is broken.



Distributed by:
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Manufactured in a cGMP Facility.
Made in the USA.

