

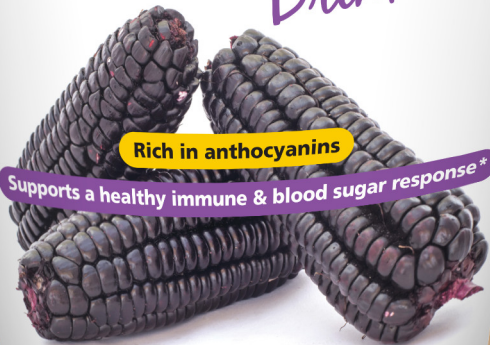
North American
Herb & Spice



Purple CornMilk

Peruvian non-GMO corn

Drink Mix



Rich in anthocyanins

Supports a healthy immune & blood sugar response*

NET WT. 3.9 OZ. (110 grams)

Dietary Supplement

North American
Herb & Spice



Supplement Facts

Serving size: 1 tsp. (3.25g) Servings per container: 32

Amount Per Serving		% Daily Value
Calories 0		Calories from fat 0
		0%
Total Carb	0g	
Vitamin A	0%	Vitamin C 0% Iron 0% Calcium 0%

*% Daily Values based on a 2000 calorie diet.

*Contains less than 2% of the daily value of this nutrient.

Ingredients: organic Peruvian non-GMO purple corn powder, organic yacon powder, organic Ceylon cinnamon powder, organic purple maca powder

Manufactured for North American Herb & Spice
13900 W. Polo Trail Drive, Lake Forest, IL 60045
1-800-243-5242 www.oreganol.com



Purple CornMilk Recipe #1:

1 cup hot water
1 tsp. or more Purple CornMilk

Stir until well mixed, drink hot or cold.

Purple CornMilk Recipe #2:

1 cup nut milk or milk of your choice
1 tsp. or more Purple CornMilk
1 tsp. or more raw honey (optional)

On medium or medium-low heat bring milk and Purple CornMilk to a simmer. Continue simmering for five minutes or more, stirring occasionally. Mixes best with a wire whisk. When done, sweeten as desired, and serve.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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