

North American
Herb & Spice

Dietary Supplement



Natural, ionic source (not synthetic) **Plus™**
Purely-Zinc

Austrian pumpkin seed, rice bran, & camu camu

Healthy immune support*

Whole food minerals
Vitamins B & C

NET WT. 5.29 OZ. (150 grams)

North American
Herb & Spice

Directions: Take at least 2 tablespoons daily in juice, milk, or smoothies. Mix in hot or cold cereal, soup, and entrées. Add to most any recipe to increase nutritional value. Great in yogurt and desserts. Can be added to fortify baking recipes.

Purely-Zinc Plus with Styrian-Austrian pumpkin seed powder is the only whole food zinc supplement available. Rich in ionic zinc, it is also an excellent source of magnesium, manganese, copper, iron, and phosphorus. Also, it is a dense source of B vitamins, especially niacin, B6, and thiamine, plus vitamin C. One serving of Purely-Zinc Plus provides 40% of the daily need for men and 52% for women. Get your zinc and more the way your body was made to use it.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Purely-Zinc **Plus™**

Supplement Facts

Serving size: 2 tablespoons (28g)

Servings per container: 5

Amount Per Serving	% Daily Value
Calories 100	3%
Total Fat 3g	†
Saturated Fat 0g	†
Trans Fat 0g	†
Cholesterol 0mg	5%
Sodium 110mg	2.5%
Total Carb. 7g	10%
Dietary Fiber 3g	†
Sugars less than 1gram	24%
Protein 12g	300%
Vitamin C 268mg	20%
Iron 3.68mg	25%
Thiamin 0.292mg	40%
Phosphorous 513mg	30%
Niacin 5.12mg	20%
Copper 0.48mg	6%
Vitamin B ₆ 0.9mg	30%
Zinc 3.03mg	8%
Folate 34.7mcg	50%
Magnesium 218mg	110%
Manganese 2.49mg	10%
Potassium 424mg	

*Percent Daily Values based on a 2000 calorie diet.
†Daily value not established

Other Ingredients: pumpkin seed powder, rice bran, wild camu camu

Mfd. for North American Herb & Spice
13900 W. Polo Trail Drive Lake Forest, IL 60045
1-800-243-5242



148240