

Directions: Take one capsule daily with meals.

Purely-E is the only 100% food-source, non-GMO vitamin E available. It is also the only soy-free vitamin E. Most vitamin E contains GMO soy or is synthetic. Purely-E is made exclusively from sunflower seeds, wild red palm, and Austrian pumpkin seeds, plus wild rosemary oil for enhanced stability. A true whole food supplement, this is no isolate. Purely-E is full spectrum mixed tocotrienols and tocopherols. It's the only vitamin E you need.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**North American
Herb & Spice**

**100%
Non-GMO
Food-Source
Vitamin E
Complex**

Purely-E™

Soy-free vitamin E complex

**Complete spectrum of
tocopherols & tocotrienols**

60 CAPS Dietary Supplement

Supplement Facts

Serving Size 1 capsule
Servings per container 60

	Amount Per Serving	% Daily Value
Proprietary blend	750 mg	
Sunflower seed vitamin E complex (alpha, beta, delta, gamma tocopherols)		*
Cold-pressed Austrian pumpkin seed oil		*
Cold-pressed red palm oil		*
Wild rosemary oil		*
Vitamin E complex	110 mg	700%

*Daily value not established

Other ingredients: fish gelatin capsules
(100% Non-GMO)

Manufactured for North American Herb & Spice
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