

North American
Herb & Spice

Dietary Supplement



Organic MacaMilk Drink Mix

With purple maca & wild chaga

Plus organic, raw yacon & Ceylon cinnamon

Supports a healthy hormone & energy response*

NET WT. 3.5 OZ. (100 grams)

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MacaMilk is the most powerful maca beverage possible, fortified with wild, freeze-dried chaga in an organic yacon powder base—delicious, nourishing, fortifying, and vitalizing. A source of highly potent adaptogens maca is also a dense source of highly nourishing minerals and vitamins, plus plant sterols, which support a healthy hormone response.* Wild chaga is also rich in minerals and vitamins and is a dense source of superoxide dismutase, the pigment melanin, along with beta glucan. Raw yacon is an excellent source of inulin, which is a natural prebiotic. Feel the MacaMilk difference by drinking this coffee and hot beverage alternative, which strengthens but also relaxes.* It's the power of wild and organic nature for supporting a healthy hormone, muscular, and energy function plus far more.*

MacaMilk Recipe:

- 1 cup nut milk or milk of your choice
- 1 tsp. MacaMilk
- 1/2 tsp. organic butter or coconut fat
- 1 tsp. or more raw honey (optional)

On medium heat bring mixture of milk and MacaMilk to a simmer. Continue simmering on low heat for five minutes or more, stirring occasionally. Mixes best with a wire whip. When done, add fat, sweeten as desired, and serve.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving size: 1 tsp. (3.25g) Servings per container: 30

Amount Per Serving	% Daily Value
	Calories from fat 0
Calories 0	0%
Total Carb 0g	
Vitamin A 0%	Vitamin C 0%
Iron 0%	Calcium 0%



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