

An athlete's ability to succeed is measured largely by their body's ability to recover in an efficient manner. At Core Nutritionals we understand that quality *in* equals quality *out*.

Core PRO is a clinical-strength, sustained release protein formula, specifically designed to keep you fueled with the right growth/recovery agents over extended periods of time. This innovative blend provides the perfect arrangement of both fast-uptake and sustained-release proteins, from superior cold-processed whey proteins, easily-absorbed egg albumen, and micellar casein-rich milk protein sources. This strong synergistic blend helps promote optimal growth and recovery by providing the vital building blocks your body needs, exactly when you need them most. Our superior tri-protein blend contains a generous array of BCAAs (branched-chain amino acids) in their naturally-occurring biological ratios, to delay fatigue and expedite your recovery.

The benefits don't stop there. To make this the most effective recovery formula available, we've enhanced it with a powerful digestive enzyme blend, including protein-digesting proteases, to improve absorption and accelerate nutrient uptake. The beneficial fatty acids from MCTs (medium chain triglycerides) in Core PRO help preserve lean mass while unleashing your body's natural metabolic potential. And unlike some formulas, you never have to worry about taking it at the wrong time. Staying fueled all day or overnight never tasted so good!

**Added MCTs &
Digestive Enzyme
Blend!**

Gourmet Taste!



Advanced Sustained Release Protein Blend

PEANUT BUTTER ICE CREAM

Dietary Supplement Net Weight: 937 g (2.07 lbs) 29 Servings (32.3 g each)



††These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 scoop (32.3g)
Servings Per Container: 29

	Amount Per Serving	% Daily Value*
Calories	130	
Calories from Fat	18	
Total Fat	2 g	4%
Saturated Fat	2 g	10%
Trans Fat	0 g	0%
Cholesterol	33 mg	11%
Sodium	40 mg	2%
Potassium	125 mg	3%
Total Carbohydrate	4 g	1%
Dietary Fiber	0 g	0%
Sugars	2 g	†
Protein	24 g	46%
Vitamin A	13 IU	<1%
Vitamin C	0 mg	0%
Calcium	193 mg	19%
Iron	<1 mg	<5%

† Daily value not established.
* Percent values are based on 2,000 calorie diet.

Ingredients: Protein blend (cold-processed undenatured whey protein concentrate, milk protein concentrate [containing micellar casein], cross-flow microfiltered whey protein isolate, and egg albumen), medium-chain triglycerides (MCTs), natural flavors, digestive enzyme blend (protease 1, protease 11, amylases, lipase, and lactase), sucralose.

Directions: Add 1 scoop to 6-8 ounces of cold water and shake or stir until mixed.

Allergen Information: Contains egg, milk, soy lecithin, and peanut ingredients.

- Keep out of reach of children.
- Store at 10-25°C (50-77°F).
- Protect from heat, light and moisture.
- Do not purchase if seal is broken.



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