

SUGGESTED USAGE: Take 2 capsules daily with 8-12 oz. of water, preferably with a meal. Do not exceed recommended dose.

NOW® Sports Sustained Energy is formulated to supply the nutrients you need to promote sustained energy production and mental alertness.* With a complement of B vitamins and other cofactors such as chromium, magnesium malate and carnitine, Sustained Energy delivers what your cells need most to drive energy production.* This product also has tyrosine and iodine to support optimal thyroid function, plus a blend of immediate and sustained release caffeine to get you going and keep you going.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Do not exceed recommended dose. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Discontinue use if nervousness, sleeplessness or nausea occur. Keep out of reach of children.

This product has approx. 120 mg of immediate and sustained release caffeine per serving (equivalent to about 1 1/4 cups of coffee).

Albion™ is a trademark of Balchem Corporation or its subsidiaries.

Carnipure® is a Lonza trademark.

Xtenergy™ is a trademark of OmniActive Health Technologies Ltd.

Store in a cool, dry, dark place after opening.

Code 1995N
V1



SUSTAINED ENERGY

ENERGY PRODUCTION*

MENTAL
ALERTNESS*

SUSTAINED
RELEASE
CAFFEINE

WITH B
VITAMINS

90 VEG CAPSULES
A Dietary Supplement



Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1) (from Thiamin HCl)	10 mg	833%
Riboflavin (Vitamin B-2)	10 mg	769%
Niacin (Vitamin B-3) (as Niacinamide)	20 mg	125%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	588%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as Methylcobalamin)	1,000 mcg	41,667%
Pantothenic Acid (from Calcium Pantothenate)	20 mg	400%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Malate)	15 mg	4%
Chromium (from Chromium Nicotinate Glycinate) (Albion™)	200 mcg	571%
Total Caffeine (from Green Coffee Beans) (Coffea spp.) (from 100 mg Xtenergy™ Sustained Release Caffeine Complex and 60 mg Caffeine Powder)	120 mg	†
Taurine (Free-Form)	250 mg	†
L-Tyrosine (Free-Form)	250 mg	†
L-Carnitine (Carnipure®)	250 mg	†
L-Citrulline (Free-Form)	100 mg	†
CoQ10 (Coenzyme Q10) (Ubiquinone)	30 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Silicon Dioxide, Maltodextrin (non-GMO), Microcrystalline Cellulose, Pharmaceutical Glaze and Hypromellose.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowsportsproducts.com

Made and quality tested in the USA with globally sourced ingredients.

