

DOCTOR RECOMMENDED

DIRECTIONS Take one caplet daily 30 minutes prior to bedtime.

Supplement Facts Serving Size: 1 Caplet / Servings Per Container: 30 Amount Per Serving % Daily Volum Magnesium (as magnesium oxide) 200 mg L-Theanine 100 mg Melatonin 3 ma 60 mg (3 Billion CFU) Probletic Blends Lactobacillus plantarum, Lactobacillus acidophilus, Lactobacillus rhamnosus, Enterococcus faecium. Bifidobacterium bifidum, Lactobacillus casei,

Lactobacillus gasseri. Bifidobacterium longum.

Lactobacillus paracasei. Streptococcus thermophilus

Lactobacillus helveticus * Daily value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica, coating (hydroxypropyl methylcellulose, glycerin). Distributed by

. Keep out of reach of children

Windmill Health Products® 10 Henderson Drive. West Caldwell. NJ 07006 windmillyitamins.com

. Protect from heat, light, and

. Store in a cool, dry place . Do not numbase if seal is



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure or prevent any disease



Sleep Probiotic

Billion Live 11 Probiotic Cultures

Supports Sleep and Recovery[†]

Helps Fight Stress and Bloating

Promotes Healthy Digestion and Regularity[†]

Gut response

Made in the ILS A. Ingredients

from Globally Sourced







Magnesium DIETARY SUPPLEMENT

Melatonin 3mg

Theanine and