

Core FLEX is a carefully designed, comprehensive joint health and overall good health product. Core Flex will improve your joint health and athletic performance by:

- Supporting healthy cartilage
- Delivering nutrients to tendons and bones
- Lubricating joint movement
- Encouraging efficient muscle protein synthesis
- Speeding up recovery time
- Promoting healthy immune function

**Warning:** Keep out of the reach of children. Not for use by pregnant or nursing women. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAO-B inhibitor or any other medication. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dietary Supplement

240 Tablets

## Supplement Facts

Serving Size: 8 Tablets  
Servings Per Container: 30 (days)

Amount Per 8 Tablets	% Daily Value*
Chondroitin sulfate	800 mg †
Glucosamine sulfate	1400 mg †
MSM (methylsulfonylmethane)	1000 mg †
Cissus quadrangularis (10% ketosterones)	800 mg †
Black cherry extract (Prunus cerasus, 5:1)	100 mg †
Turmeric (95% curcumin)	500 mg †
Boswellia (37% boswellic acids)	800 mg †
Bromelain (2400 GDU/g)	400 mg †
Vitamin C (ascorbic acid)	500 mg 833%
Vitamin D3 (cholecalciferol)	1000 IU 250%
Black pepper extract (95% piperine)	5 mg †

† Daily value not established.

\* Percent values are based on 2,000 calorie diet.

**Other Ingredients:** Hydroxypropylcellulose, Calcium Carbonate, Maltodextrin, Stearic Acid, Sodium Croscarmelose, Magnesium Stearate.

**Directions:** Take 4 tablets twice daily. An additional 2-4 tablets per day can be taken if desired. Store in cool, dry place.



Distributed by:  
**CORE NUTRITIONALS, LLC**  
Arlington, Virginia  
[www.CoreNutritionals.com](http://www.CoreNutritionals.com)  
[info@CoreNutritionals.com](mailto:info@CoreNutritionals.com)  
1-267-250-8443