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Store away from heat & light
Keep Out of the Reach of Children

Adults: Add 1 squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

alcohol-free

Melissa officinalis

LEMON BALM

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Lemon Balm Glycerite

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Lemon Balm aerial parts

817 mgⓈ †

(*Melissa officinalis*) Ⓢ extract

† Daily Value (DV) not established

Other Ingredients: certified organic vegetable glycerin
& distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓢ Extraction rate 233 mg herb per 0.7 ml.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.