

### SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional. Do not exceed 2 capsules daily.

The recommended dose of this product contains as much caffeine as about 2 cups of coffee. Do not consume more than 400 mg of caffeine from any source in a 24 hour period. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heart rates. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

**WARNING:** For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

**NOTICE:** Store in a cool, dry place.

MADE AND QUALITY TESTED IN THE USA WITH GLOBALLY SOURCED INGREDIENTS.

Distributed by Nutricost®  
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**nutricost**

# Caffeine

**200MG**

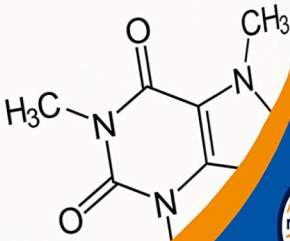
Per Serving

**250**

Capsules

**250**

Servings



**250 CAPSULES**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 250

Amount Per Serving	% DV
Caffeine Anhydrous	200mg *

\* Daily Value (DV) not established.

Other ingredients: Rice flour, gelatin capsule.

*Same Amount*  
**smaller size!**

We have condensed the same amounts of the active ingredients you expect into a smaller, easier to consume capsule (30% smaller).



**New** **Old**  
Actual comparison; not actual size

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

