

SUGGESTED USE: Adults take 1 capsule once a day or every other day, with a meal, or as directed by your qualified healthcare professional.

Zinc Balance® combines Zinc L-Methionine and Copper Gluconate (15:1 ratio). Zinc L-Methionine allows zinc absorption with phytate and fiber in vegetables.* Zinc supports immune health.* Zinc Balance® includes copper because supplemental zinc depletes copper.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

VEGAN

Zinc Balance®

ESSENTIAL MINERAL

Supports the immune system*

✓ **non-gmo**

✓ **gluten free**

100 VEGGIE
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Zinc (as Zinc L-Methionine Sulfate) 15 mg	136%
Copper (as Gluconate) 1 mg	111%

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose, water), and magnesium stearate (vegetable source).

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.



12322ZB
PROD # 113008

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APPROX.
FILL LINE