

SUGGESTED USE: Adults take 3 capsules once a day with a meal or as directed by your qualified healthcare professional.

Jarrow Formulas® Vision Optimizer® supports visual function and ocular antioxidant status.*

Lutein & Zeaxanthin are antioxidant carotenoids that accumulate in the central retina to comprise macular pigment, which functions in visual performance and filtering high-energy blue light emitted from all types of screens, LED/CFL lighting, and the sun.*

Mirtoselect®, a full spectrum Bilberry Extract, and **Grape Seed Extract** support blood flow to the eyes.*

R-Alpha Lipoic Acid, **Selenium** and **Vitamin B2** support levels of the body's master antioxidant, glutathione, and cellular antioxidant defenses for the eyes' lenses.*

Quercetin is an antioxidant that supports lens architecture.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition (especially diabetes or being treated for glucose control); if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



Lot #. Best Used Before:

Bilberry Extract

Mirtoselect® is a registered trademark of Indena S.p.A., Italy.

R-Alpha Lipoic Acid

Bio-Enhanced® is a registered trademark of GeroNova.

**Jarrow
FORMULAS®**

VEGAN

Vision Optimizer®

VISION COMPLEX

Supports visual function*



gluten free

90 VEGGIE
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as Calcium Ascorbate)	200 mg	222%
Thiamin (as Thiamin Mononitrate)	12 mg	1,000%
Riboflavin	10 mg	769%
Niacin (as Niacinamide)	16 mg NE‡	100%
Vitamin B ₆ (as Pyridoxine HCl)	2 mg	118%
Selenium (as Methylselenocysteine)	10 mcg	18%
Taurine	500 mg	†
Quercetin	200 mg	†
Swedish Bilberry Fruit Extract (<i>Vaccinium myrtillus</i>) (36% [36 mg] Anthocyanosides)	100 mg	†
R-Alpha Lipoic Acid (from Sodium R-alpha Lipoate)	50 mg	†
Grape Seed Extract (<i>Vitis vinifera</i> L.) (95% [95 mg] Polyphenols)	100 mg	†
Eyebright (Leaf) (<i>Euphrasia officinalis</i>)	40 mg	†
Lutein (Marigold Petal Extract) (<i>Tagetes erecta</i>)	10 mg	†
Zeaxanthin (Marigold Petal Extract) (<i>Tagetes erecta</i>)	2 mg	†

† Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose, water), maltodextrin, magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc., Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com

‡ Niacin Equivalents. Do not use if safety seal is damaged or missing.

03123VIS PROD # 129003
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APPROX. FILL LINE

No major allergens.