SUGGESTED USE: Adults take 1 capsule once a day or as directed by your qualified healthcare professional Selenium Synergy® contains a highly effective form

of selenium, methylselenocysteine, in a synergistic formulation with glucoraphanin, vitamin B2 (riboflavin) and vitamin E, which promotes antioxidant protection from free radicals and supports immune health.*

WARNING: The total amount of selenium supplemented from all sources should not exceed 400 mcg/day, the daily tolerable upper intake level. Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE BEACH OF CHILDREN.

* THESE STATEMENTS HAVE NOT REEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION, THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT. CURE, OR PREVENT ANY DISEASE.



STORE IN A COOL. DRY PLACE.

11222SS PROD # 113006

Jarrow FORMULAS.

GLUCORAPHANIN

Selenium Synergy®

ANTIOXIDANT COMPLEX

Oxidative stress defense*





6() CAPSULES DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving % DV Vitamin F 20 mg 133% (as d-Alpha Tocopheryl Succinate) Riboflavin 2 mg 154% Selenium (as Methylselenocysteine) 200 mcg 364% Glucoraphanin 10 ma

(from 75 mg of Broccoli Seed Extract)

(Brassica oleracea italica) † Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, capsule (bovine gelatin), calcium phosphate, maltodextrin, magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc. Sherman Oaks, CA 91403, USA 1-866-459-4154 No wheat, gluten, soybeans, dairy, egg, fish/shellfish,

peanuts/tree nuts or sesame. Do not use if safety seal is @ 2022 Jarrow FORMULAS* damaged or missing.

Lot #. Best Used Before:

APPROX. FILL LINE