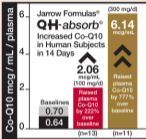


**SUGGESTED USE:** Adults take 1 softgel a day with a meal or as directed by your qualified healthcare professional.

**Jarrow Formulas® QH-absorb®** features Ubiquinol, the active antioxidant form of Co-Q10 that has been shown to be better absorbed.\* Co-Q10 promotes mitochondrial health, cellular energy production, and healthy cardiovascular function.\* QH-absorb®, has been clinically shown to increase Co-Q10 levels over baseline.\*

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE.**



**\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Particle formation inside softgel is normal and dissolves after ingestion.

Lot #. Best Used Before:

**Jarrow  
FORMULAS®**



**UBIQUINOL**

**QH-absorb®**

**MAX ABSORPTION**

**200 MG**

Supports mitochondrial health and healthy cardiovascular function\*

**+** proliposome delivery

**+** gluten free

**30** SOFTGELS

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving |          |
|--------------------|----------|
| Ubiquinol          | 200 mg † |

† Daily Value (DV) not established.

Other Ingredients: Medium chain triglycerides (modified coconut oil), softgel (bovine gelatin, glycerin, water, caramel [color], carob extract), sunflower lecithin, beeswax, rosemary extract (antioxidant), mixed tocopherols and ascorbyl palmitate (antioxidant).

Distributed by Jarrow Formulas, Inc.  
Sherman Oaks, CA 91403, USA  
1-866-459-4154 [www.Jarrow.com](http://www.Jarrow.com)

No major allergens.

KANEKA UBIQUINOL® and the Kaneka Quality Seal are registered trademarks of Kaneka Corp.



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06523QH200  
PROD # 106024

Do not use if safety seal is damaged or missing.

APPROX. FILL LINE