

**SUGGESTED USE:** Adults take 1 softgel 1-3 times a day with food or as directed by your qualified healthcare professional.

**Jarrow Formulas® Q-absorb®** provides Co-Q10 (Ubiquinone), an antioxidant that supports normal mitochondrial function—the power factories within our cells—in a proprietary proliposome lipid-soluble delivery system for better absorption.\* Co-Q10 helps promote mitochondrial health, cellular energy production, and healthy cardiovascular function.\*

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.**

**\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Particle formation inside softgel is normal and dissolves after ingestion.

Lot #. Best Used Before:



UBIQUINONE CO-Q10

**Q-absorb®**

**ULTRA ABSORPTION**

**100 MG**

Supports mitochondrial health, cellular energy production, and healthy cardiovascular function\*

**+** proliposome delivery

**🌿** gluten free

**120** SOFTGELS

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	
Coenzyme Q10 (Ubiquinone)	100 mg †

† Daily Value (DV) not established.

Other Ingredients: Soy lecithin, softgel (bovine gelatin, glycerin, water, caramel [color] and carob), medium chain glycerides (modified coconut and palm oil) and mixed tocopherols (antioxidant).

**Contains:** Soy.

Distributed by Jarrow Formulas, Inc.  
Sherman Oaks, CA 91403, USA  
1-866-459-4154 [www.Jarrow.com](http://www.Jarrow.com)

Kaneka Q10® is a registered trademark of the Kaneka Corporation of Japan.



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Do not use if safety seal is damaged or missing.

APPROX.  
FILL LINE