SUGGESTED USE: Adults take 1 capsule once a day or as directed by your qualified healthcare professional. Jarrow Formulas® PQQ (pyrrologuinoline guinone), is an enzyme cofactor that helps to protect mitochondria from oxidative stress and promotes the creation of new mitochondria, known as mitochondrial biogenesis.\* It functions to promote the production of pyruvate, which is the first step in cellular metabolism.\* POO is helpful for efficient metabolism to produce cellular energy.\* PQQ also plays a role in supporting heart health and normal cognitive function.\*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition: if adverse reactions occur, discontinue use,

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT. CURE, OR PREVENT ANY DISEASE.

BioPQQ™ is a trademark of MGC (Japan). Do not use if safety seal is damaged or missing. Lot #. Best Used Before:

Jarrow FORMULAS.



PYRROLOQUINOLINE QUINONE

MITOCHONDRIAL BIOGENESIS

Supports brain and heart health\* Promotes efficient metabolism\*

DIFTARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

PQQ (Pyrrologuinoline Quinone Disodium Salt) 20 mg t

Other Ingredients: Silicified microcrystalline cellulose, capsule (bovine gelatin), magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc. Sherman Oaks, CA 91403, USA 1-866-459-4154 www.Jarrow.com

† Daily Value (DV) not established.

No major allergens.





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