

SUGGESTED USE: Adults take 1 capsule once a day or as directed by your qualified healthcare professional.

Jarrow Formulas® PQQ (pyrroloquinoline quinone), is an enzyme cofactor that helps to protect mitochondria from oxidative stress and promotes the creation of new mitochondria, known as mitochondrial biogenesis.* It functions to promote the production of pyruvate, which is the first step in cellular metabolism.* PQQ is helpful for efficient metabolism to produce cellular energy.* PQQ also plays a role in supporting heart health and normal cognitive function.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

BioPQQ™ is a trademark of MGC (Japan).

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**



PYRROLOQUINOLINE QUINONE

PQQ

MITOCHONDRIAL BIOGENESIS 10 MG

Supports brain and heart health*
Promotes efficient metabolism*

✓ non-gmo 🌿 gluten free

**30 VEGGIE
CAPSULES**

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

PQQ (Pyrroloquinoline Quinone Disodium Salt) 10 mg †

† Daily Value (DV) not established.

Other Ingredients: Silicified microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.



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FILL LINE
BELOW LABEL