

SUGGESTED USE: Adults take 4 capsules once a day with juice or water between meals or as directed by your qualified healthcare professional.

Jarrow Formulas® Neuro Optimizer®, featuring Cognizin® Citicoline and Sharp-PS® Phosphatidylserine, supports brain and antioxidant function without the use of stimulants.*

Citicoline is an intermediate in the synthesis of phosphatidylcholine, a constituent of the gray matter of brain tissue.* Citicoline supports brain metabolism by supporting the synthesis of the neurotransmitter, acetylcholine.*


Phosphatidylserine supports the brain's response to normal stress.* Antioxidants Acetyl-L-Carnitine and Taurine help support the health of neurons.* Acetyl-L-Carnitine, Pantothenic Acid and L-Glutamine support brain metabolism.* And, Taurine aids in osmoregulation.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Cognizin® is a registered trademark of Kyowa Hakko Bio Co., Ltd.

 Sharp-PS® is a registered trademark of IFF or its affiliates.

Lot #. Best Used Before:


Jarrow
FORMULAS®

Cognizin®
Citicoline

Neuro Optimizer®

BRAIN HEALTH & FUNCTION

Supports neuron & normal stress response for a healthy brain*

 **non-gmo**

 **gluten free**

120 CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Pantothenic Acid (as Calcium D-Pantothenate)	10 mg	200%
Acetyl-L-Carnitine (from Acetyl-L-Carnitine Hydrochloride)	500 mg	†
L-Glutamine	500 mg	†
Taurine	500 mg	†
Cytidine 5'-Diphosphocholine	300 mg	†
Phosphatidylcholine	120 mg	†
Phosphatidylserine	100 mg	†

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), soy lecithin, microcrystalline cellulose, silicon dioxide and magnesium stearate (vegetable source).

Contains: Soy.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com

Do not use if safety seal is damaged or missing.



© 2022 **Jarrow FORMULAS®**

12422NEURO
PROD # 156001

APPROX.
FILL LINE