

SUGGESTED USE: Adults take 1 scoop once a day with water, other fluid, or as directed by your qualified healthcare professional.

Jarrow Formulas® MSM is an organic source of bioavailable sulfur. Sulfur is an antioxidant mineral found in major structural tissues of the body, such as cartilage.* The sulfur from MSM is used to produce glycosaminoglycans present in proteoglycans, such as chondroitin sulfate, dermatan sulfate and hyaluronic acid.* These sulfur containing glycosaminoglycans are found in high concentrations in connective tissues, including joint cartilage and skin.

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OptiMSM® is a registered trademark of Bergstrom Nutrition.

Lot #. Best Used Before:

Jarrow
FORMULAS®

OptMSM®

VEGAN

MSM

METHYLSULFONYLMETHANE

ANTIOXIDANT MINERAL

1000 MG

Supports connective tissue and joint health*

✓ non-gmo

🌾 gluten free

NET WT. 35.3 OZ (2.2 lb) 1000 g

DIETARY SUPPLEMENT

BONE & JOINT

Supplement Facts	
Serving Size 1 Scoop (1 g) Servings Per Container About 1000	
Amount Per Serving	
MethylSulfonylMethane (MSM)	1,000 mg †
† Daily Value (DV) not established.	

Other Ingredients: Silicon dioxide.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154

Packaged by weight, not by volume.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/ tree nuts or sesame.

Do not use if safety seal is damaged or missing.



11422MSMKILO PROD # 119017

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APPROX. FILL LINE