

ABSOLUTELY NO FILLERS ADDED

Vitamin & Mineral Optimize contains 5 mg of Bioperine and 13 enzymes known to assist with healthy digestion and assimilation. The potency is specific for supplemental vitamin, mineral and herb absorption when taken on an empty stomach. Enzymedica's Digest or Digest Gold are recommended when supplements are taken with meals.*

Bioperine has been tested in several clinical studies and shown to increase the absorption of minerals, fat-soluble and water-soluble vitamins.*

Recommended Usage: Take one capsule with any nutritional supplement(s) when optimal absorption is desired. More may be taken as needed.

Enzymedica uses an exclusive *Thera-blend*™ process for its protease, lipase, amylase and cellulase. Each of these enzymes actually represents multiple blends that are used to increase potency in varying pH levels.

**FCCFIP is the newest addition to the fourth version of the Food Chemical Codex. The FCC is the only FDA approved way of measuring plant based enzymes.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ENZYMEDICA®
The Enzyme Experts

VEGETARIAN & VEGAN
Plant Based Enzymes

Vitamin & Mineral Optimize

90 Capsules • Dietary Supplement

ENHANCES VITAMIN, MINERAL AND HERB ABSORPTION*

supportive

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Capsule	%DV
Amylase <i>Thera-blend</i> ™	6,000 DU *
Protease <i>Thera-blend</i> ™	21,000 HUT *
Lipase <i>Thera-blend</i> ™	250 FCCFIP** *
Cellulase <i>Thera-blend</i> ™	100 CU *
Lactase	425 ALU *
Alpha Galactosidase	37.5 GALU *
Maltase	100 DP° *
Invertase	87.5 INVU *
Phytase/Pectinase	25 endo-PGU *
Hemicellulase	800 HCU *
Beta Glucanase	90 BGU *
Bioperine	5 mg *

* Daily Value not established

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water) **CONTAINS NO** dairy, preservatives, salt, sucrose, corn, soy, wheat, yeast, nuts, gluten, artificial colors or flavors.

Keep closed in dry place; do not expose to excessive heat.

PLEASE KEEP OUT OF REACH OF CHILDREN

MADE IN USA

Manufactured for Enzymedica, Inc.

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