

SUGGESTED USE: Adults take 1 capsule 1-3 times a day or as directed by your qualified healthcare professional.

Jarrow Formulas® Milk Thistle (*Silybum marianum*) 30:1 extract is standardized to contain 80% total milk thistle flavonoids, including isosilybinins, silybinins, silychristin, and silydianin. This group of flavonoids, collectively known as silymarin, supports liver function by supporting glutathione levels.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



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Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

VEGAN

Milk Thistle

30:1 EXTRACT

150 MG

Supports liver function*



non-gmo



gluten free

100 VEGGIE
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Milk Thistle 30:1 Extract	150 mg †
(<i>Silybum marianum</i>) (Fruit/Seed)	
(80% [120 mg] Total Flavonoids)	

† Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.



APPROX. 12222SILY
FILL LINE PROD # 114003

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