LifePak® Women

Formulated especially for women.

1 Provides powerful anti-aging protection with alpha-lipoic acid plus 20 protective nutrients to help you look and feel better longer.*

2 Delivers cardiovascular support with natural vitamin E and B-vitamins, plus complete bone nutrition with calcium, magnesium, and vitamin D.*

3 Offers superior cell protection against damaging free radical attacks with a catechin-rich polyphenol and flavonoid blend.*

4 Provides full-spectrum nutritional support and comprehensive support for the immune system with vitamins A, C, E, B_6, zinc, and a carotenoid blend.*

5 Offers recognizable benefits to your health with its clinically tested formula.*

QUALITY GUARANTEE

Add Life to Your Years

In the 20th century, the average life span increased by 30 years. At the same time, health problems associated with normal aging continually increased. So we're living longer, but are we living better?

Start taking care of your health now and really live those extra 30 years. Over 1,000 clinical studies show the benefits of the ingredients in LifePak Women. LifePak Women is formulated to add life to your years.

Why you should take LifePak Women:

- It's been improved with the addition of specific nutrients which target and diminish the normal symptoms associated with the aging process*
- It's one of the most comprehensive, safe, and effective vitamin supplement available
- Its full-spectrum formula is proven to be superior over the leading competitors

Plus, LifePak Women has cranberry powder for urinary tract health and extra calcium for bone health*

Supplement your way to healthier living with LifePak Women.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LifePak® Women

LifePak Women is a unique blend of vitamins, minerals, antioxidants, phytonutrients, and botanical extracts optimally formulated for premenopausal women.

Recommended adult use—two packets daily: Take the contents of one (1) LifePak Women packet with eight (8) ounces of liquid with your morning and evening meals.

Each packet contains one (1) vitamin capsule, three (3) mineral capsules, and two (2) phytonutrient capsules.

Do not use if shrink wrap is damaged or missing, or if packet is broken. Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions should consult with a physician prior to taking supplements.

Guarantee: No added sugar, salt, wheat, yeast, or dairy products. No preservatives, or flavors. LifePak Women is gluten-free.

LifePak Women conforms to the *USP* requirements for disintegration for oil and water-soluble vitamins and mineral capsules.

Sold Exclusively by Nu Skin Enterprises Authorized Distributors

NU SKIN.
THE DIFFERENCE IS DEMONSTRATED®

Batch No.:

Exp:

PHARMANEX®

LifePak® Women

ANTI-AGING* DIETARY SUPPLEMENT

60 PACKETS OPTIMALLY FORMULATED FOR PRE-MENOPAUSAL WOMEN

Supplement Facts

Serving Size 1 Packet

Amount per Packet		% Daily Value
Vitamin A (83% as Beta Carotene (6250 IU) from Palm Fruit and *Blakeslea trispora*, and Vitamin A Palmitate)	7500 IU	150%
Vitamin C (as Calcium Ascorbate)	250 mg	417%
Vitamin D (as Cholecalciferol)	200 IU	50%
Vitamin E (as d-Alpha Tocopheryl Acetate, Alpha, Beta, Gamma, Delta Tocopherols, Tocotrienols)	150 IU	500%
Vitamin K (as Phytonadione)	20 mcg	25%
Thiamin (as Thiamine Mononitrate)	3.75 mg	250%
Riboflavin (as Riboflavin)	4.25 mg	250%
Niacin (as Niacin, Niacinamide)	20 mg	100%
Vitamin B_6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folate (as Folic Acid)	300 mcg	75%
Vitamin B_{12} (as Cyanocobalamin)	15 mcg	250%
Biotin (as Biotin)	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg	150%
Calcium (as Calcium Carbonate, Tricalcium Phosphate, Dicalcium Malate, Calcium Ascorbate)	500 mg	50%
Phosphorus (as Tricalcium Phosphate)	100 mg	10%
Iron (as Iron Chelate)	5 mg	28%
Iodine (as Potassium Iodide)	50 mcg	33%
Magnesium (as Magnesium Oxide, Magnesium Chelate)	250 mg	62%
Zinc (as Zinc Chelate)	7.5 mg	50%
Selenium (as L-Selenomethionine, Sodium Selenite)	70 mcg	100%
Copper (as Copper Chelate)	0.5 mg	25%
Manganese (as Manganese Chelate)	1 mg	50%
Chromium (as Chromium Chelate)	100 mcg	83%
Molybdenum (as Molybdenum Chelate)	37.5 mcg	50%
Cranberry Powder	200 mg	*
Inositol (as Inositol)	125 mg	*
Polyphenol and Flavonoid Blend	107.5 mg	*
Catechins (from *Camellia sinensis*) Leaf Extract (15–20:1)	(45 mg)	*
Quercetin	(25 mg)	*
Grape Seed Extract (min. 95% Polyphenols)	(12.5 mg)	*
Citrus Bioflavonoids (from Citrus Fruits)	(12.5 mg)	*
Isoflavones (from Soy Extract)	(12.5 mg)	*
Evening Primrose Oil Powder with Gamma Linolenic Acid (Seed)	75 mg	*
Borage Seed Oil Powder with Gamma Linolenic Acid	75 mg	*
Alpha-Lipoic Acid	15 mg	*
Carotenoid Blend	4.5 mg	*
Lycopene (as Lycopene)	(2.5 mg)	*
Alpha-Carotene (from Palm Fruit Extract)	(1 mg)	*
Lutein (from Marigold Flower Extract)	(1 mg)	*
Boron (as Boron Citrate)	1.5 mg	*
Vanadium (as Vanadyl Sulfate)	10 mcg	*

* Daily Values not established.

Other Ingredients: Gelatin, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Titanium Dioxide.

Mfd. in the U.S.A. exclusively for NSE Products, Inc., Provo, UT 84601

✆1-888-PHARMANEX ✉ nuskin.com

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