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SUGGESTED USE
SHAKE WELL BEFORE USING
Adults: Add 1 squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 4 times per day. Best taken between meals.
Caution: Seek expert medical advice before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light



Ligusticum porteri
OSHA
RESPIRATORY SYSTEM *

1 fluid ounce (30 ml)

Osha Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 42
Amount Per Serving	% DV
Osha root (<i>Ligusticum porteri</i>) Ⓢ extract	612 mg Ⓢ †
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (71-81%) & distilled water. **Gluten-Free**

- Ⓢ Responsibly Wildcrafted
- Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

Prepared from the root of **responsibly wildcrafted** *Ligusticum porteri* plants.

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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.