

SUGGESTED USE: Adults take three capsules a day: two capsules during the day and one capsule one hour before sleep, with or without a meal or as directed by your qualified healthcare professional.

Jarrow Formulas® MagMind®, featuring Magtein®, is a form of magnesium from Magnesium L-Threonate that readily crosses the blood-brain barrier and supports brain health, function, and memory in healthy adults.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use. Do not exceed suggested use.

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Magtein® is a trademark of Magceutics®, Inc., distributed exclusively by AIDP, Inc. and is protected under a family of U.S. patents, pending patents, and is protected worldwide.

^In healthy adults.

Lot #. Best Used Before:



VEGAN

MagMind®

BRAIN HEALTH

2 G Magtein®

Supports brain health,
function & memory^*



clinically studied



non-gmo

**90 VEGGIE
CAPSULES**

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Magnesium (from 2,000 mg Magnesium L-Threonate)	144 mg	34%

Other Ingredients: Magnesium stearate (vegetable source), capsule (hydroxypropylmethylcellulose, water), microcrystalline cellulose and silicon dioxide.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

Do not use if safety seal is damaged or missing.

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APPROX. FILL LINE