

SUGGESTED USE: Adults take 1 capsule 1-3 times a day, preferably on an empty stomach or as directed by your qualified healthcare professional.

Jarrow Formulas® L-Lysine is an essential amino acid necessary for growth, development, tissue maintenance, and protein metabolism.* Lysine supports the production of all proteins in the body, including the structural proteins of collagen and elastin, which form all connective tissues.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

Jarrow
FORMULAS®

L-Lysine

PROTEIN SYNTHESIS

500 MG

Supports healthy tissue and protein metabolism*

✓ non-gmo

🌾 gluten free

100 CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
L-Lysine (from L-Lysine HCl)	500 mg †

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), magnesium stearate (vegetable source) and microcrystalline cellulose.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame

APPROX.
FILL LINE

11122LY PROD # 115004



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