

WHEY

COR-PERFORMANCE™

WHEY

FAST DIGESTING 100% WHEY PROTEIN
DELICIOUS FLAVOR • MIXES INSTANTLY



25g
Protein

130
Calories

UP TO 5.5g
Naturally Occurring BCAAs

+ Digestive Enzymes

PER SERVING

STRAWBERRY
MILKSHAKE
FLAVOR

SUGGESTED USE:

Take one to two scoops of Cellucor COR-Performance™ Whey Protein with 6 - 12 oz. of cold water or any beverage of your choice. Use approximately 5 - 6 oz. of liquid per one scoop of powder.

WARNING:

This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use this product if you are pregnant or nursing. Discontinue use and immediately contact your health care professional if you experience any adverse reaction to this product. Follow label instructions and do not exceed recommendations for Suggested Use. Do not use if safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

Nutrition Facts

Serving size: 1 level scoop (34g)
Servings per container: 54

	Amount Per Serving	%Daily Value*
Calories	130	
Calories from Fat	10	
Total Fat	1.5g	2%
Saturated Fat	0.5g	3%
Trans Fat	0g	0%
Cholesterol	35mg	12%
Sodium	160mg	7%
Total Carbohydrate	3g	1%
Dietary Fiber	1g	4%
Sugars	2g	
Protein	25g	

Vitamin A 0% Vitamin C 0%
Calcium 20% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: COR-Performance™ Whey Protein Matrix (Whey Protein Isolates, Whey Protein Concentrate), Natural & Artificial Flavors, Beet Powder, Cellulose Gum, Citric Acid, Xanthan Gum, Salt, Potassium Acesulfame Potassium (Ace-K), Sucralose, Potassium A-G, Lactase.

ALLERGEN WARNING: Contains Milk, Soy. **GLUTEN-FREE.** This product is manufactured on the same equipment that processes milk, egg, soy, wheat, peanut & tree nuts.

MAXIMUM PERFORMANCE TIPS:

Vary the amount of liquid to achieve desired consistency and flavor. Cellucor COR-Performance™ Whey Protein can be used before workouts, after workouts, or as a quick and fit snack anytime. Drink 1-4 servings daily, or as needed to satisfy your personal protein intake requirements.

Nutrition: Cellucor COR-Performance™ Whey Protein is best used as part of a well-balanced diet that includes whole foods and other protein sources. Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity, but we recommend consuming at least 1 gram of protein per pound of body weight, spread evenly throughout the day.

Mix it Up: Cellucor COR-Performance™ Whey Protein can be used for more than just protein shakes. Try adding a scoop into oatmeal, yogurt, pancakes, and other baked good recipes.



Distributed By: 715 North Main Street
Bryn, TX 77803 USA
www.cellucor.com

To report a Serious Adverse Event or to obtain product information, contact us at 1-866-927-0666
© Woodbol Distribution, LLC 2012. COR-Performance™ is a trademark of Woodbol Distribution, LLC - All Rights Reserved.

FIND CELLUCOR ON FACEBOOK & TWITTER FOR SPECIAL DEALS & INSTANT UPDATES

