

SUGGESTED USE: Adults take 1 tablet 1-2 times a day, preferably on an empty stomach or after a workout, or as directed by your qualified healthcare professional.

Jarrow Formulas® L-Glutamine is manufactured by microbial fermentation. L-Glutamine is the most abundant amino acid in the human body and is involved in many metabolic processes, including the synthesis and protection of muscle tissue, the production of glycogen, and provides immune support during periods of immune and muscular stress.* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and supports the integrity of the intestinal lining.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition (especially epilepsy, seizure, mania or severe liver disorder); if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

VEGAN

L-Glutamine

MUSCLE TISSUE

1000 MG

Most abundant amino acid
in the human body

✓ **non-gmo**

🌿 **gluten free**

100 TABLETS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	
L-Glutamine	1,000 mg †

† Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl-cellulose, cellulose, magnesium stearate (vegetable source), stearic acid (vegetable source) and croscarmellose sodium.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

APPROX.
FILL LINE

10422GMTAB PROD # 115033



© 2022 **Jarrow FORMULAS®**

