

SUGGESTED USE: Adults take 1 capsule 1-2 times a day, preferably on an empty stomach or after a workout, or as directed by your qualified healthcare professional.

Jarrow Formulas® L-Glutamine is manufactured by microbial fermentation. L-Glutamine is the most abundant amino acid in the human body and is involved in many metabolic processes, including the synthesis and protection of muscle tissue, the production of glycogen, and provides immune support during periods of immune and muscular stress.* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and supports the integrity of the intestinal lining.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition (especially epilepsy, seizure, mania or severe liver disorder); if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

VEGAN

L-Glutamine

MUSCLE TISSUE

750 MG

Most abundant amino acid
in the human body

 **gluten free**

120 VEGGIE
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
L-Glutamine	750 mg †
† Daily Value (DV) not established.	

Other Ingredients: Capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source), microcrystalline cellulose and silicon dioxide.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154
www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

03123GMCAP PROD # 115012



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APPROX.
FILL LINE