

SUGGESTED USE: Adults take 1 capsule 1-2 times a day on an empty stomach or as directed by your qualified healthcare professional.

Jarrow Formulas® L-Carnitine is an amino acid found in high concentrations in muscle, heart, and liver tissues. L-Carnitine transports fatty acids into the mitochondria for energy production (i.e. ATP) and reduces amino acid and protein breakdown.* L-Carnitine supplementation supports an active lifestyle and your body's natural cellular energy production.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

VEGAN

L-Carnitine

FITNESS SUPPORT

500 MG

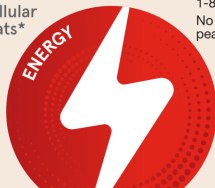
Important cofactor for cellular energy production from fats*

✓ **non-gmo**

🌿 **gluten free**

50 VEGGIE
CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
L-Carnitine (as L-Carnitine Tartrate)	500 mg †

† Daily Value (DV) not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source), silicon dioxide and microcrystalline cellulose.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

APPROX.
FILL LINE

10422500LC PROD # 102001



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