

**SUGGESTED USE:** Adults take 1 capsule once a day or as directed by your qualified healthcare professional.

**Jarrow Formulas® Inositol** is readily absorbed and used to produce the active inositides as necessary.\* The various forms of inositol (phosphatidylinositol and inositides such as IP3) are active in cell-to-cell communication (such as nerve impulses), including in the brain, liver and muscles.\* Inositol, also known as myoinositol, is an indirect source of glucuronic acid, which is essential to liver detoxification.\*

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE.**

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:

**Jarrow  
FORMULAS®**


**VEGAN**

# Inositol

**CELLULAR HEALTH**

**750 MG**

Supports healthy cell membrane function\*

 non-gmo

 gluten free

**100** VEGGIE  
CAPSULES

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
Inositol	750 mg †

† Daily Value (DV) not established.

Other Ingredients: Capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source), silicon dioxide and microcrystalline cellulose.

Distributed by Jarrow Formulas, Inc.  
Sherman Oaks, CA 91403, USA  
1-866-459-4154 [www.Jarrow.com](http://www.Jarrow.com)

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

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Do not use if safety seal is damaged or missing.

APPROX.  
FILL LINE