

# Supplement Facts

Serving Size 1 Capsule

## Amount Per Serving

*Lactiplantibacillus plantarum* 299v 43.5 mg †  
(10 Billion CFUs)

† Daily Value (DV) not established.

Other Ingredients: Potato starch, capsule (hydroxypropylmethylcellulose, water) and magnesium stearate (vegetable source).

Distributed by Jarrow Formulas, Inc.  
Sherman Oaks, CA 91403, USA  
1-866-459-4154 www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

**NOTE:** Color of product naturally varies from white to tan.

§Minimum 10 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.

### No Refrigeration Necessary

Does not require refrigeration and can be stored at room temperature in a cool, dry place. Avoid storage at temperature above 77°F (25°C). Refrigeration, however extends shelf life.

Do not use if safety seal or blister is broken, damaged or missing.



**Dairy-Free • Gluten-Free**

Lot #. Best Used Before:



## LP299V® In Action

LP299V® produces nutrients and signals through immune cells to:



Support microbiome balance\*



Support bowel movement regularity\*



Support gut barrier integrity by promoting mucus production and junctional proteins\*



MADE IN CANADA

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STORE IN A COOL, DRY PLACE.

01323IBS PROD # 103028



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**Jarrow**  
FORMULAS®



VEGAN

# Ideal Bowel Support®

**10 BILLION CFU**

**CLINICALLY STUDIED LP299V®**

**SUPPORTS REGULARITY\***

Supports reduction of occasional bloating, gas, and gut discomfort\*

- ✓ non-gmo
- ✪ gluten free
- 🥛 dairy free

**30** VEGGIE CAPSULES  
PROBIOTICS SUPPLEMENT



**SUGGESTED USE:** Adults take 1 capsule 1 to 2 times a day with a meal or as directed by your qualified healthcare professional.

**Jarro-Dophilus® Ideal Bowel Support®** features a clinically documented, human-origin probiotic strain, *L. plantarum* 299v, that resists stomach acid and bile salts and demonstrates specific adherence properties for colonization of human intestinal mucosa.\* The benefits of *L. plantarum* 299v has been observed in studies pertaining to intestinal health.\*

### Strains Matter®

When it comes to effective probiotics, clinically documented **Strains Matter®**. As an innovator of consumer probiotics since 1986, Jarrow Formulas® takes great pride in using high-quality and scientifically documented strains that have been developed through years of research and innovation.

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.**

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.